

How to find The *Rewilding* Psychologist

July 1, 2026

Location: Suite 2, 74 Clarence Street, Port Macquarie

(Please note that my new office is located within the *Flowstate Yoga Studio*)

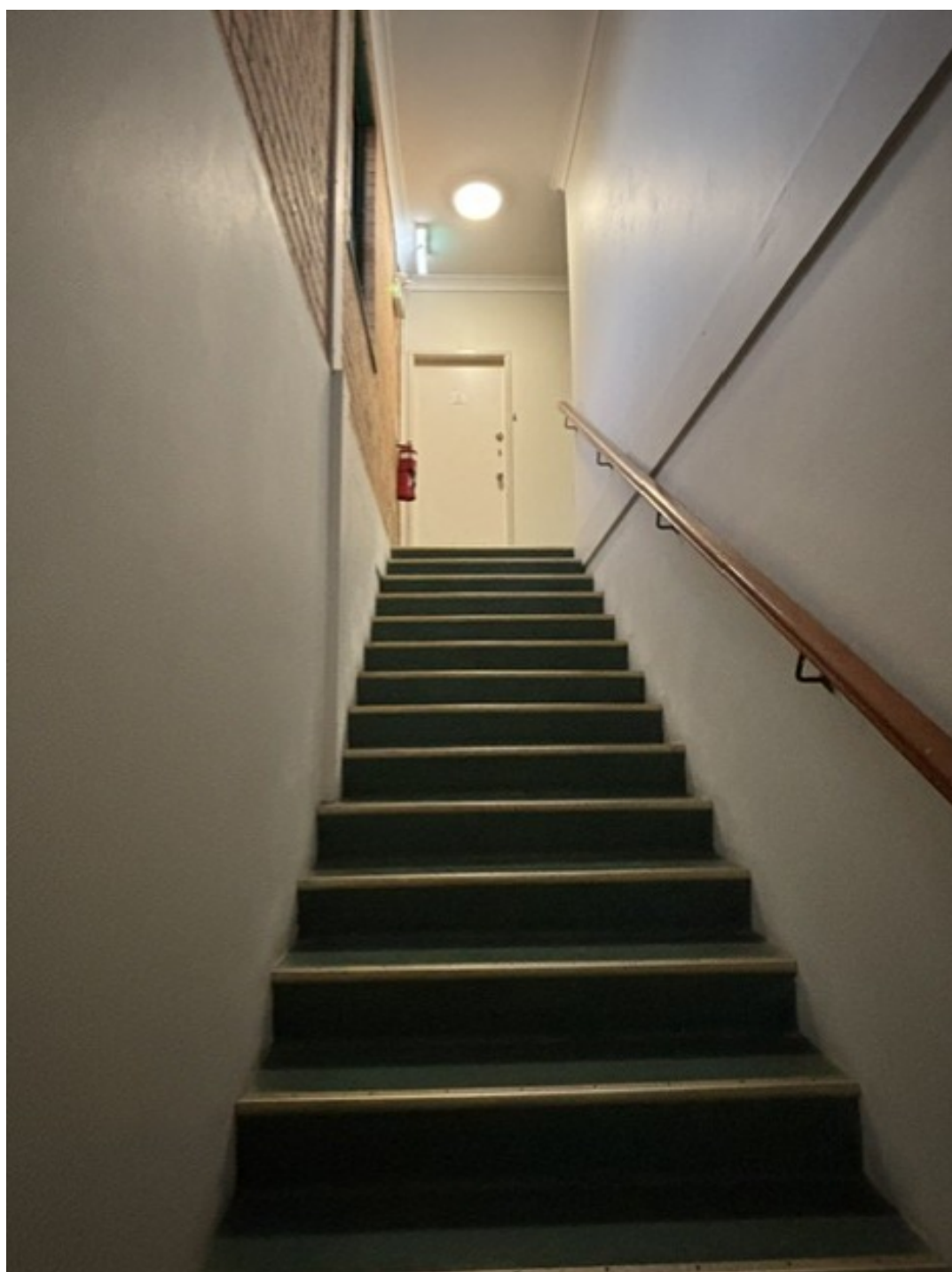
Parking: Please note there is all day parking available in the Short Street Carpark located behind the building. There are several options in the surrounding streets with 2-hour parking options available.



1. Enter the **74 Clarence Street** doorway at street level



2. Walk upstairs and turn right go to the end of the corridor.



3. Find the door on the right with #1 – Flowstate Yoga (Note: you cannot enter via the Door with #2).



4. Enter the studio and there are two options for waiting



A. If there is a class in session – please wait on the bench to the right as you come in the doorway.



B. If the studio is empty – please feel free to wait on the white lounges to the left as you enter.